

NIRVAANA WELLNESS & SPA

A Premium Spa Brand by Sunrise Wellness



Luxury Spa Menu | Signature Therapies | Rate Card

Brand Identity

NIRVAANA Wellness & Spa is a luxury spa chain by Sunrise Wellness, inspired by ancient Indian healing traditions and refined global wellness rituals. Designed for premium hotels and resorts, NIRVAANA delivers deeply relaxing, therapeutic, and restorative spa experiences.

NIRVAANA Signature Therapies

NIRVAANA Signature Shirodhara (60 mins)

A profoundly calming Ayurvedic therapy where warm herbal oil flows gently over the forehead, balancing the nervous system, improving sleep, and relieving stress.

Royal Hot Stone Ritual (90 mins)

A luxurious heat-based massage using warm basalt stones to melt muscle tension, improve circulation, and promote deep relaxation.

Sacred Sleep Therapy (90 mins)

A slow, rhythmic full-body massage infused with calming aromatherapy oils designed to induce deep rest and restore emotional balance.

Luxury Spa Menu & Pricing

30 Minutes

- Head, Neck & Shoulder Therapy - ₹1,199
- Foot Reflexology - ₹1,299
- Champi Head Massage - ₹1,499

60 Minutes

- Swedish Massage - ₹2,999
- Aromatherapy Massage - ₹3,299
- Deep Tissue Massage - ₹3,499
- Balinese Massage - ₹4,499
- Shirodhara Therapy - ₹4,999

90 Minutes

- Royal Hot Stone Therapy - ₹5,499
- Sacred Sleep Therapy - ₹5,499
- Couples Harmony Massage - ₹6,999

Rate Card Structure

Hotel In-House Guests

- Preferential pricing with 5-10% discount on listed rates
- Priority booking through hotel front desk

Walk-In Guests

- Standard menu pricing
- Appointments via hotel reception